

SATURDAY 21st and SUNDAY 22nd NOVEMBER

the british VOICE association

BVA
@home

Training the Vocal Athlete

Pedagogical approaches to optimise vocal fitness and wellness



© Image courtesy Plural Publishing

A weekend event hosting the authors of 'The Vocal Athlete', **Wendy LeBorgne**, Voice Pathologist and Singing Voice Specialist and **Marci Daniels Rosenberg**, Speech-Language Pathologist and Clinical Singing Voice Specialist.

Presented online via ZOOM – Event recordings will be available to attendees for two months

Participants will receive an email 24-hours prior to the event containing an event invitation, URL (web address), meeting ID, and password.

PROGRAMME

Day 1: Saturday 21st November 2020

3pm – 6.30pm

- Current research into belting physiology
- Pedagogical considerations
- Practical troubleshooting in the studio

Registrations from 3pm – first lecture at 3.30pm

Day 2: Sunday 22nd November 2020

3pm – 6.30pm

- Exercise physiology principles for the Vocal Athlete
- Application of Motor Learning Principles to voice training
- Application of SOVT exercises to optimise vocal stamina, strength and fitness after injury

PRICES

Students must be in full-time education to qualify for student rate

Inclusive for both days

- Members: £50.00
- Non-members: £65.00
- Students: £30.00

One day only

- Member: £30.00
- Non-member: £40.00
- Students: £15.00

Visit the BVA website for more information, to make a booking and to view a video offering help with logging on to Zoom



www.britishvoiceassociation.org.uk